



2025 IMPACT SUMMARY

THE DÉPÔT Community Food Centre

A Right To Food Partner

As the cost of living rises, food insecurity continues to deepen across Montreal, with nearly one in five people struggling to put food on the table. At The Depot Community Food Centre (CFC), we believe that nourishing food is a right, not a privilege.

From fresh groceries to shared gardens, cooking workshops to advocacy, we create dignified spaces where people can meet immediate needs while building community and a voice to transform the systems that shape our lives.

The Depot CFC is proud to be part of Right to Food's national movement to realize the right to food for all.

OUR IMPACT IN NUMBERS

IMPROVED ACCESS TO HEALTHY FOOD



of the food distributed in the Marché Depot was fresh fruits and vegetables.

"[The Depot] allows me to have some items that are typically more expensive, like honey, olive oil, and fresh produce."

SUPPORTED HEALTHY FOOD SKILLS AND BEHAVIOURS



are eating more fruits and vegetables.

"Thanks to The Depot I can now add more vegetables and prepare salads and soups."

INCREASED SENSE OF BELONGING AND SUPPORT



feel they belong in The Depot CFC's programs.

"The Depot is like a door that is open for me and my family, so that we don't lose hope."

INCREASED COMMUNITY ENGAGEMENT



are more confident speaking up about social issues.

"[The Depot CFC] has inspired me to reflect on and find [ways] to [take] action."

IMPROVED HEALTH AND WELL-BEING



experience less stress or worry.



feel happier and more satisfied with life.



feel less isolated or lonely.

"For me, The Depot's not just a place to get help. It's an essential community resource and a real form of social connection."



The Depot CFC remains committed to supporting our local community. This means providing a place where people can connect and access good food, food that nourishes the body and spirit. It also means advocating for equitable policy change that addresses food insecurity and poverty in the long term.

This impact summary provides a snapshot of our 2025 program data, as well as key results from our 2025 Annual Program Survey. Five hundred and eight community members from The Depot CFC were surveyed.

“Being a newcomer here in Canada, I somehow felt alone: it’s a new country and different to where I came from. I had difficulty finding a job and felt isolated. When I started coming to The Depot, I felt a sense of belonging. I felt inspired to do more for the community.”

PROGRAM HIGHLIGHTS



The Depot introduced a Community Contribution Model across all programs, allowing **9,000+** participants to pay what they can while helping sustain access to quality services.



Nearly **7,500** individuals made over **21,000** visits to the Marché Depot. More than **1,580** were new participants.



Through markets held at **4** outdoor satellite locations and **5** seniors’ residences, subsidized seasonal produce was distributed across the neighbourhood.



75,000+ snack portions—including fresh fruits and vegetables and homemade baked goods—were distributed to local community centres, a **64%** increase from the previous year.



The Depot appointed its **first full-time staff member** dedicated to advocacy, strengthening coalition-building through the Right to Food Quebec Advocacy Network and shared priorities across the country.

PROGRAM LIST

CFCs offer a special mix of programming that includes opportunities to build cooking and food-growing skills, improve healthy food access, and engage with community members. Here’s what was served up in 2025:

- Emergency food baskets
- Community meals
- Affordable produce markets
- Mini produce markets in seniors’ buildings across Notre-Dame-de-Grâce
- Home food deliveries
- Drop-in program for older adults
- Warming & respite space
- School gardening program
- Collective gardening
- Community gardening
- Intercultural cooking program
- Family health & gardening program
- Cultural cooking workshops
- Basic food skills classes
- Men’s cooking program
- Kids’ cooking program
- Food skills summer camp activities for kids.
- Support & referral service
- Social justice group

“My child eats better and has learned healthy eating habits. This takes a lot of anxiety off my shoulders.”



THE DÉPÔT
Community Food Centre

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We are a partner of Right To Food, a national organization working alongside and supporting Community Food Centres across Canada.



**RIGHT TO
FOOD**

